



# An Epic Journey For A Great Cause

On 22nd June 2019, 22 riders from 17 forces rode 249 miles in aid of The Psychological Wellbeing Programme at the PTC.



They all completed this amazing task in 16 hours and 11 minutes...and were still smiling at the end.

It was a long weekend for the group, starting by travelling up to Auchterarder on 21st June. The riders were given a warm welcome by the Castlebrae staff who ensured they were fed and watered before the journey ahead. The next day they were all up for breakfast before dawn, and were powered by Scottish oats! The riders then set off for Harrogate at around 4.20am and began their long journey south. The riders made excellent time, which was aided by the team of fantastic volunteer support staff who provided slick and efficient organisation, route mapping and feed stations.

The volunteers were; Pete Oram, Daz Beech, Dave Holden, Heather Thomson, Carol Patz, Lynton Patz, Liam Kelly and Chris Bell. Without this fantastic group of volunteers, the event would simply not have been possible.

The Peloton arrived at St Andrews at around 8.30pm...still with smiles on their faces!

Liam Kelly, Our Chair of Trustees, who also accompanied the ride, summed up the feeling of the weekend: 'The volunteers and the cyclists were truly inspiring and, despite being primarily a passenger, the sense of elation and realisation of what had been achieved at the finish line was something I will personally never forget.'

The total raised currently stands at over  $\pounds 25,000$ . You can still donate to the cause and help to support the PWP.

#### Just text:

PTCRIDE 3 to 70085 to donate £3 PTCRIDE 5 to 70085 to donate £15 PTCRIDE 10 to 70085 to donate £10

A huge thank you to all involved at both Centres, volunteers and riders!

#### UCI Road Cycling Championships 21st - 29th September 2019 Harrogate

This prestigious event is coming to Harrogate in 2019 and will give spectators the chance to see some of the worlds top cyclists in action. Our centre in Harrogate is playing host to Team GB and Team Australia during the event.





## Cycling Success

Thank you to everyone that supported the Back on the Beat Cycle Sportive 2019. Once again the event was a fantastic success and the sun shone on the stunning Yorkshire scenery. The addition of the 65km route also worked well alongside the existing 100km and 50km routes. The event raised £2,400.76 for the Police Treatment Centres...thank you to all those who took part, fundraised and donated. A special thank you also to the Sportive volunteers, who signed and marshalled the route as well as cooked and distributed bacon sandwiches, flapjacks and other goodies. We have had some wonderful feedback from the event:

"A quick note to thank you for another great event. The organisation, signage and support on the course was all fantastic. Especially the flapjack!! Arranging good weather as well was the icing on the cake! I know these events don't happen by chance, please pass on my thanks to all the team." We are extremely thankful to Keith Tordoff, from the Oldest Sweetshop in England, in Pateley Bridge, who supported the event with a generous donation & raffle prize. Keith had the great honour of setting the riders off on the day. "As an ex-Police Officer myself, I was actually treated at the centre, so I fully understand what it does for the Police, and I think it is important that I back something like this which is raising much needed funds, to care & treat Police Officers that are doing a fantastic job."

We hope you had a fantastic day. If you have any feedback to help us plan our next event, please get in touch via fundraising@thepolicetreatmentcentres.org



The Police Treatment Centres

Issue 15 Summer 2019

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The proceeds of the Ball were donated to the PTC; the event raised an amazing £15,000. Gary Craig, Andrea Quinton and the rest of the **Thin Blue Line UK** 

team did a fantastic job in organising a wonderful event. The Imperial War Museum Manchester was certainly a fitting location for the event; guests were piped to their tables by the Scots Guard Band, treated to a three course meal and then danced into the small hours with entertainment provided by The Black Beez. However, whilst everyone had a great time, they also raised an amazing amount for the PTC; through auctions, raffles and donations. Thank you again to the Thin Blue Line UK Team for organising the Ball in aid of the PTC.



A Night At

Manchester.

The Museum At the beginning of April, the PTC were delighted to attend the Thin Blue Line Ball at the Imperial War Museum in

PTC CEO Patrick Cairns addresses the guests

### **On The Road To Find New Ambassadors**

This year the DRCE plan to expand it's ambassador recruitment plan, by staging a number of Ambassador Roadshows throughout our constituent forces.

In an attempt to gauge interest and identify the most targeted approach to achieve this ambition, we have firstly sent out a questionnaire to over 10,000 previous Patients asking for specific feedback on where we should host the Roadshows and under which circumstances would each Roadshow gain the most traction with the Officers concerned.

The feedback to this questionnaire has been extremely encouraging with a vast amount of engagement from all forces and this is reflected in a very positive response rate and some very specific thoughts on how best to stage our Roadshows. The closing date for

the questionnaire has now passed and we will be producing a detailed report on this presently. In turn this will enable the PTC to plan and stage Ambassador Roadshows at each of our constituent forces in the near future.





May saw the first of our twice yearly Lottery Superdraws. Prizes ranged from a top cash award of £2,000 to a helicopter trip of a lifetime. The draw also saw a heart-warming gesture from one of our lucky winners, Patrick Dougan who, for unforeseen circumstances was unable to accept his winning prize of a family ticket on the Embsay railway.

Patrick kindly donated the prize to be used in one of the weekly Patient raffles. Touches like this really make the difference and allow the PTCs in both Harrogate and Auchterarder to offer the class leading service that is on offer to all of our forces. Moving forward into the **November Superdraw**, we are aiming to gather the support of some new and exciting partners which will allow us to keep the standard of spot prizes as high as ever.

#### How to Join:

Online: www.thepolicetreatmentcentres.org/ fundraising/lottery Phone: Lottery Hotline 03700585957

#### St. George's In 2019 So Far

This year we currently have 202 beneficiaries.

54 students are currently receiving our Higher Education Grant.

Since the introduction of the new benefits last year, 17 families have used the Driving Lesson Grant of up to  $\pm 1000$ .

The charity has also given over 5k in Ex-Gracia Grants. These consist of anything from laptops and computing equipment to a Dentistry elective to the Philippines.

The Charity also has an exciting 'Christmas Card Competition' currently underway; this will involve our beneficiaries designing new Christmas cards. Watch this space for the sale of these later on in the year.

Maybe you didn't join up when you first started, but since then you may have started a family, or had colleagues that have benefitted from the support. Please consider supporting the Trust, so we can provide a helping hand to those families.

